

One Week Post-Operative Instructions

Your Cataract Surgery was approximately one week ago.

There are some changes to your medications that are written below.

From this Visit:

Throw out bottle number 1: Chlorsig

Continue to use bottle number 2: Prednefrin Forte four times daily until your

Next Appointment

You can: Resume every day activities – you can wash your hair but do not submerge your

Head under water in the bath, swimming pool, the sea or freshwater.

Ask your doctor about recommencing work, driving, recreational and sporting activities.

You can watch television and read as desired. You can use sunglasses for glare.

Your prescription glasses will not damage your eyes if you use them but they may not be of any use after you have had a lens implant.

Your eye may take 4-6 weeks to heal.

New glasses will not be prescribed until your eye has healed.

Your vision may not stabilize for 4-6 weeks post operatively.

You may feel a gritty, foreign body sensation or dryness from the surgical wounds intermittently

You can use topical lubricants to relieve these symptoms. This usually improves after 2 months.

It is IMPORTANT to contact us on (07) 4053 7877 during opening hours or on Mobile

0417744879 after hours IF YOU NOTICE ANY of the following:

- Any SUDDEN CHANGE IN/ OR LOSS of your VISION
- Any INCREASE in REDNESS or PAIN
- Any **PURULENT DISCHARGE**

For your Next Surgery if booked, pay one week prior